

ST. JOHANNES COLLEGE
(Kindergarten section)

Dear Parents,

Here is the menu of January.

Date	Menu
January 3, 2012	酸甜車厘茄魚扒飯 Cherry tomato & fish fillet w/ rice
January 4, 2012	素八寶有機豆腐飯 Assorted vegetables & organic tofu w/ rice
January 5, 2012	俄國雞絲意粉 Russian shredded chicken w/ spaghetti
January 6, 2012	BBQ 汁雞扒飯 Chicken fillet w/ rice/BBQ sauce
January 9, 2012	冬菇馬蹄蒸肉餅飯 Mushroom & water chestnut in meat patty w/ rice
January 10, 2012	墨西哥肉片螺絲粉 Mexican sliced pork w/ rotini
January 11, 2012	羅宋肉片粟米飯 Sliced pork w/ corn rice/minestrone style
January 12, 2012	低脂蘑菇白汁雞絲意粉 Shredded chicken in low fat mushroom white sauce w/ spaghetti
January 13, 2012	盆菜(蓮藕,叉燒,魚蛋,雞)配白飯 Chinese Poon Choi (lotus root, BBQ pork, fish ball, chicken) w/ rice
January 16, 2012	夏威夷豬扒飯 Hawaii pork chop w/ rice
January 17, 2012	淡京都肉片粟米飯 Kyoto sliced pork w/ corn rice
January 18, 2012	日式餃子 + 野菜烏冬 Japanese dumplings + assorted vegetable udon